



2022 Annual Report

WBS Board of Directors

John Chowning, Acting President
Susan Childs, Treasurer
Laura Kirk, Secretary/Outreach
Ben Thacker-Gwaltney, Teacher Council Chair
John Davis, Communications Chair
Susan Walkley, Events Chair
Nancy Carnegie, Director
Nicki Peet, Outreach
Darrell Key, Director
John Thompson, Director

WBS Teachers

John Chowning
Grace Cunningham
Darrell Key
Mary McGovern
Asha McLaughlin
Nicki Peet
Ben Thacker-Gwaltney
Scott Varney
Shomer Zwelling

Special Acknowledgements

Pam Jensen, Audit Committee
Asha McLaughlin, Branding and Newsletter Design
Jenn Haynes, Bookkeeping
Dina Lobo, Proofreading Newsletter and Web Site

Half-day Events and Presentations

Bhante Jayasara, Half-day Retreat (February)
Mary McGovern and John Davis, Half-day Retreat (July)
Bhante Jayasara, Half-day Retreat (August)
Mark McLaughlin, "The rise of Indian Meditation Traditions (November)

Courses

Introduction to Mindfulness, Mary McGovern, and Grace Cunningham

New Groups

Saturday Walking Meditation and Friday Morning Meditation

Outreach

Nicki gave a presentation to the Williamsburg Methodist Church.
Wednesday Night Meditation moved near William and Mary.
WBS lead a WUU service in November.

Membership:

58 Members
283 Email list